

THE 'NOT SO'

MONTHLY MULLIGAN

HIGH MEADOW RANCH LADIES GOLF ASSOCIATION

www.highmeadowranchlga.com

Winter 2022

VOL 4

Save the Dates! 2023

#1 January 5-1st 18 Hole PlayDay

#2 January 5-General Membership
(Meeting After Play)

#3 January 26 1st Interclub
(Kingwood Golf Club)

#4 Please see 2023 Calendar on last Page!



2023 OFFICERS & CONTACTS

President - Cathy Douglas
281-798-5101

Vice President - Tara Dorroh
713-822-4150

Treasurer - Becky Price
832-588-1281

Secretary - Cyndi Svoboda
281-384-7559

**18 Hole Play Day Chair -
Kathy Vicory**
832-493-8952

**9 Hole Play Day Chair -
Cece Bruce**
949-533-0549

**Social Event Chair -
Natalie Taylor**
713-501-5117

The President's Tee Box

The Board and I are excited to welcome all of you to the new year and look forward to all that we have planned for 2023.

We start our season on Thursday, January 5 with our first 18-hole play day and our first General Membership Meeting in the Ranch House (after 18-hole play concludes). I hope you can attend this meeting even if you are not playing on 1/5. We estimate that the meeting will start at around 3:00 (fingers crossed!)

We faced some challenges in 2022 and I am sure we will face challenges in 2023 but I can't think of a better group of Ladies I would rather face these challenges with than you!

I hope you saw the Calendar of Events I sent to our league. If not, please take a look at our website which has a lot of useful information, and we have attached a copy of our calendar on the last page of this newsletter. We have a fabulous year to look forward to. With a full schedule of play days, tournaments, and other fun activities, there will be plenty of opportunities for us to compete, have fun and make new friends.

Your Board will do our very best to have a successful year and we look forward to another year of great golf and fellowship with all of you!

See you on the course!!!!  Cathy

CLINICS

Monday 10.00 -
Operation 36

Wednesday 9.00 -
Ladies PDP Clinic

Saturday 10.00 - All-
Comers Clinic



Golf Lessons

Contact: Roger Stebbins
rstebbins@highmeadowranchgolf.com

Leslie Bailey



MEMBERS MOMENTS

or Sage Advice from Seasoned Golfers



Leslie's Golf Tip:

When the green is at a downward slope, you must aim your putt ABOVE the flag to have any chance at making it in the hole. If you putt below the flag, your ball will continue rolling down hill away from the flag.

Also, if anyone putts before you, be sure to watch her line and speed of her putt so you can adjust yours accordingly! I hope this helps 😊



Tournaments to Play.

Texas Women's Eclectic
Oakmont Country Club
Corinth, TX (940) 321-5599
Mar 13, 2023 - Mar 14, 2023

Tournaments to Watch

please check local listings

Sentry Tournament of Champions Jan 5-8 \$15,000,000
Plantation Course at Kapalua, Kapalua, Maui, HI • Purse:

THE PLAYERS Championship

TPC Sawgrass (THE PLAYERS Stadium Course), Ponte Vedra Beach, FL • Purse:
March 9-12 \$25,000,000



Kathy Vicory Member Spotlight

Our new 18 Hole Chair!!!



I was born in Little Rock, AR, but didn't stay there for long. When I was one year old, my father was transferred to Rochester, NY for a year, then to Dallas for a year, and then to Houston. I spent my pre-teen years in the Sharpstown area (SW) of Houston. Just as I was entering the 7th grade, we were transferred again back to Rochester, NY. I have great memories of my time there in junior high and high school. Then in the middle of my junior year of high school, we were transferred once again, back to the Dallas area, where I graduated from Plano High School. There was only one Plano High School at that time (a long time ago!).

After my first year of college at SW Texas State in San Marcos, I came to Houston to work, and get married, (not the best decision) and I started my career in the oil and gas industry in 1979 in the field of Human Resources working for an extraordinary company. Because I had dropped out of college to work full-time my bosses at the time really pushed me to finish my degree. So, I did it the hard way — had two beautiful kids along the way, working full-time, and eventually got my college degree after many years. In the beginning, I complained I would be 35 before I got my degree, to which my boss, responded, "You will be 35 anyway, so might as well be 35 with a degree than without one". That being said, I had a 42 year career in HR, all in the oil gas industry and I retired in August of 2020. Yay!

Retirement has opened many new doors for me. I started taking cello lessons once per week. I volunteer as a child advocate for children in the foster care system through Montgomery County (CASA), I am a Houston Livestock Show and Rodeo volunteer, and I spend a lot of time on the golf course. When I am not doing those things, I enjoy walking my two dogs and then just walking myself for exercise. I do a little painting and enjoy dining out with friends on a regular basis. Of course, I like to travel and have done quite a bit this year. Took a while to get back to it after COVID, but am looking forward to some exciting trips in the future.

My daughter and her family live in the Cypress area. I don't miss many of my grandkids sporting events. My grandson (age 8) is an avid baseball player, and my granddaughter (age 5) tries her hand at soccer and softball (although she really just wants to be a cheerleader). My son recently relocated to Atlanta, GA for a great opportunity in the commercial roofing industry.

I have really enjoyed the camaraderie with the ladies in the HMRLGA. You have been very welcoming to me. I look forward to another fun year playing with you all, and maybe, just maybe, I will lower my handicap next year. Happy Holidays to all of you!



Pat Beckmeyer



I am originally from the Cincinnati area. I graduated from the University of Cincinnati. Working part time while I was going to college as a cashier in a grocery store, I met the grocery stocker, Bob who went to the rival college Xavier University. We dated the remainder of our college years and were married a year after graduation. We have four children two boys and two girls. Bob worked for AT&T, so we were transferred to Chicago from Houston, then to Milwaukee, then back to Houston where we decided to make a permanent home with warm winters. I became a widow 28 years ago so I went to work, and eventually retired as vice president of National Retail Services. I then decided to resurrect my golf game! Although my game is much shorter and has higher scores than back in the old days, it continues to be fun, keeps me active and it is giving me the opportunity to meet wonderful people. I have five grandchildren and currently adding "grandmother of the bride" to my resume! This was my first year at High Meadow Ranch. I joined because I was told it was a fun and welcoming group of ladies. That is so true! It also provided a new experience. I had never played for a club that had Interclub and I found being a member of our team was a great experience. I am looking forward to more fun in 2023!

What type of Golfer are you?

OR

Thinker



Feeler

Taken from Golf Psychology Coach Dr Patrick Cohn and Tyler Ferrell Golf Digest's list of Best Young Teachers in America AND its list of Best Golf Fitness Professionals in America.



Thinkers



Is thinking bad on the golf course? This question receives a lot of attention and discussion among the golfing world. Thinking is not only beneficial but necessary to plan your strategy for each hole and each shot. Bryson Dechambeau is an example of a 'thinking' golfer. Thinking becomes detrimental when you can't shut down those conscious thoughts just prior to striking the ball. This is when golfers cross over to the side of overthinking.

Overthinking is when you put too much time into conscious thinking about how you are playing a shot, swing mechanics, second-guessing, projecting outcomes, mentally reviewing past shots, or over-analyzing what you need to change from other missed shots.

Overthinking becomes mental interference when your thoughts start to cause your body to freeze even though your body knows what you want it to do (often the culprit with the yips).

You can manage overthinking and play your best golf even under the pressure of winning.

Helpful Steps for a Golf Thinker

- 1) Relax your mind and body. This can be accomplished by taking several deep breaths prior to your shot.
- 2) Simplify your pre-shot routine. Once you make a decision, stick with it.
- 3) Focus on one image over the ball — such as tempo or target. Keeping it simple will improve consistency.



Feelers



The feeler plays well when they have a clear sense of one part of their body. The feeler's wiring is located in the brainstem cerebellum. This is an instinctual player who is naturally comfortable with executing the golf movement. This player sees the target and feels the shot in relevant parts of the body.

When practicing, work on your mechanics without a target. Isolate a body part, get that part in the correct position and see what happens. Don't be afraid of changing your awareness to another body part to experiment. A good Mantra for a feeler is "Don't swing until you're ready".

The key for good play for feelers is getting set before you take the club back. Don't try to visualize or work on your tempo! Use feel to play and to correct your swing errors.

A Feeler will:

- 1) Selects clubs on feel
- 2) Learn by "hands on" non-verbal instruction
- 3) Stress at being rushed
- 4) At times get overwhelmed with 'too many mechanics' when learning.

Watch videos of 'feel' players such as Fred Couples and Ernie Els.

- The key to all of this is the answer to the question: HOW DO YOU KNOW WHEN TO TAKE THE CLUB BACK?
- The feeler will answer, "when I feel a stillness, quietness, a peace that tells me to go."
- Every now and then feelers should ask another golfer to watch their swing and tell them if what they 'feel' is what the reality is.



MEMBERS CORNER



*Follow
on Facebook*

----A LITTLE FYI----

*Tiger Woods could apply to use
a golf cart in a PGA Event
because he can no longer walk
an 18 Hole Course due to his
leg injuries, but he says that's
not who he is. He said if he can't
play at that level, he can't play
at that level.*



WE WOULD LOVE TO SEE



you



**ON THE FACEBOOK PAGE SO KEEP
TEXTING ALL YOUR PLAYDAY PHOTOS
TO TARA!**

713-822-4150

January BIRTHDAYS

Becky Reeves Jan 21
Suzzette Kirchner Jan 23
Mary Bracken Jan 15
Stacie Strine Jan 28

February BIRTHDAYS

Cyndi Svoboda Feb 1
Maria Reid Feb 8

March BIRTHDAYS

Claudia Gerault Mar 3
Natalie Taylor Mar 15
Linda Fankhauser Mar 22





Live ★ Laugh ★ Golf



My brain at address on every shot



2023 Calendar



January	5th	1st 18-Hole Playday of 2023
	5th	General LGA Membership Meeting
	13th	Scholarship Foundation Board Meeting
	25th	Scholarship Selection Committee Meeting
	26th	Interclub - Kingwood Country Club
	31st	HMRLGA Scholarship Applications Close
February	23rd	Interclub - Woodlands Country Club
March	14th	9-Hole - 1st Playday of 2023
	16th	18-Hole - Luck of the Draw St.Paddy's Playday
	23rd	Interclub - Woodlands Traditions
	30th	Board Meeting
April	13th	General LGA Membership Meeting
	14th	Friday Night Six & Social
	20th	Interclub - Willow Creek Golf Club
May	4th	Mad Hatter Tournament
	12th	Friday Night Six & Social
	25th	Interclub - Deerwood Golf Club
	30th	9-Hole Summer Eclectic Tournament Starts
June	1st	18-Hole Summer Eclectic Tournament Starts
	9th	Friday Night Six & Social
	22nd	Interclub - Northgate Country Club
	29th	Board Meeting
July	13th	General LGA Membership Meeting
	14th	Friday Night Six & Social
	27th	Interclub - Bentwater Country Club
August	9th	Scholarship Foundation New Board of Directors Meeting
	11th	Friday Night Six & Social
	24th	Interclub - High Meadow Ranch *Hosting*
	29th	9-Hole Summer Eclectic Ends
	31st	18-Hole Summer Eclectic Ends
September	8th	Friday Night Six & Social
	27th	Swing Pink Tournament
	28th	Interclub - Walden on Lake Conroe Golf Club
October	3rd	Board Meeting
	13th	Friday Night Six & Social
	18th * TBD	General LGA Membership Meeting
	24th	9-Hole End of Year Tournament
	26th	Interclub - Elkins Lake Country Club
November	2nd	Last 18-Hole Playday for 2023
	7th & 9th	2-Day 18-Hole End of Year Tournament
	16th	Interclub - Walden on Lake Houston Golf Club
	30th	Santa Scramble Tournament
December	7th	Christmas Party/ Membership Meeting & New Board Elections